



Body Beautiful of NY
Lash Extensions, Cosmetic Tattooing & Esthetic Day Spa

Up to **7-14 Days PRIOR** to your Tattoo Service

NO ALCOHOL 7 days Prior

NO NSAIDS: Anti-Inflammatory or pain relievers: **7 days Prior**

Any product that can cause blood thinning

Alieve/Naproxen

Motrin/Ibuprofen

Tylenol/Acetaminophen

Bayer/Asprin

Excedrin/Acetaminophen & Asprin

Ect.

NO Sun Exposure: at least 7 days

NO Topical creams containing: at least 14 days

Any and all acne topical creams

Retin-A

Hyaluronic Acid

Retinol

Glycolic Acid

NO Derma Logical Procedures:

Acids peels

Skin lightening treatments

Laser treatments

Chemical Peels of any kind

Suppliments to Avoid 7 days prior

Vitamin E

Fish Oil

Ginco biloba

B complex

If you are on any prescription, medication or topical please contact your technician prior to your appointment to reschedule or you will be charged for your service.

914-218-3500 175 E. Main St. Suite 201 Mt. Kisco NY 10549