



Body Beautiful of NY

Permanent Cosmetics/Micro Pigmentation

PERMANENT COSMETICS AFTER CARE INSTRUCTIONS

Proper care following your procedure is necessary to achieve the best results. Keep in mind that in many cases, some unevenness of color is to be expected. This is the purpose of the touch-up visit. Please review the following directions and refer to them as necessary. If during your healing process you have any questions or concerns, please contact your technician.

1. Ice packs protected with a cloth may be applied as necessary to reduce swelling. Sleeping slightly elevated helps alleviate swelling sometimes seen the morning after facial procedures.
2. Wash your hands before touching any treated area. Cotton-tipped applicators may be used to gently cleanse the eye area. Do not expose the area to dirty or unsanitary conditions. Wearing glasses outdoors is a good way to protect new eyeliners from dust, etc... that can stick to healing agents. Apply recommended healing agents sparingly.
3. Some **ITCHING** is normal. **DO NOT PICK, PEEL, OR SCRATCH** the treated area or your color may heal unevenly and you risk scarring and infection.
4. **NO** makeup is to be applied for **72 hours** after the procedure. After any eyeliner procedure, use new mascara. Do not use an eyelash curler for two weeks.
5. **DO NOT** expose your healing skin to direct sun, **tanning beds, hot tubs, (tub baths if body area treated), saunas, salt water, chlorinated pools, direct shower spray, hot water, skin creams, ointments, or lotions** other than what you have been instructed to use for 2 weeks following your procedure.
6. After an areola procedure, keep your areola dry at all times. Some **ITCHING** is normal. **DO NOT PICK, PEEL, OR SCRATCH** the treated area or your color may heal unevenly and you risk scarring and infection.

LONG-TERM CARE

1. Use a good **SUNSCREEN DAILY**. Sun exposure will fade your permanent cosmetics and may cause irritation even years later.
2. If you are planning chemical exfoliation, MRI, or other medical procedure, **Please inform your physician of your cosmetic tattoo.**
3. If you **DONATE BLOOD**, it is a Red Cross policy that you must wait **ONE YEAR AFTER** any tattooing procedure in unregulated states-check if restrictions apply to you.

Date_____ Initial_____