



Body Beautiful of NY

Lash Extensions, Cosmetic Tattooing & Esthetic Day Spa

## Days Prior to Procedure

Date \_\_\_/\_\_\_/\_\_\_

- NO Anti-inflammatories for at least 7 days (Ibuprofen, acetaminophen, Tylenol, Aleve, Motrin, Aspirin, Etc.
- NO painkillers for 7 days
- NO Alcohol for 7 days
- NO Anti-biotics internal and topical for 4 weeks
- I have been Off all skin medication for 1 year (Accutane, Minocin, Claravis, Etc.)
- Blood thinners? I have approval from my Doctor \_\_\_\_\_  
Please present written approval from your Doctor before procedure date.
- NO Procedures for 6 weeks IPL/Laser or peels
- NO topical agents (Retinoid, Hydroquinone, Acid, Alpha Hydroxy Acid, (AHA), Beta Hydroxy acid, (BHA) Exfoliating masks, benzoyl Peroxide, acne products Etc. that may increase skin sensitivity for 7 days
- NO Waxing, Depilatory creams or Electrolysis for 7 days
- NO sun exposure, UV of any kind for 7 days
- If you have a history of Cold Sores take your Antiviral agent 2 days prior to your treatment.

## Day of service

**You will be denied service** if you have active cold sores, herpes simplex, or warts in area being treated, open sores, sunburned, or excessively sensitive skin within application area, dermatitis or inflammatory Rosacea with in area being treated, active acne, pregnancy, and if you have **Not** complied with the above stipulations.

Our time is very important. If service is denied due to **Not** following pre-procedure direction client will be charged for the full service.

By signing this I hereby acknowledge that I have read and will follow the pre and post treatment directions that have been given to me.

Patients Signature : \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_